

# St. Elizabeth's Episcopal Church

The Rt. Rev. Scott B. Hayashi, 11<sup>th</sup> Bishop of Utah  
The Rev. Michael Carney, Vicar



Sunday Worship, Holy Eucharist 10:00 AM

## Am I ready for Church?

What's the process of getting ready for church like for you? Do you set your alarm or wake up on your own? Do you like to have a cup of coffee, or maybe tea or juice? Do you like to watch morning television or play a game on your phone? Is it hard to pick out what you're going to wear?

For some people, getting ready for church is more complicated than that. When you're not in the habit of going, bigger questions tend to rise up. Are the people going to stare at me when I walk in? Will I know what to say or how to follow the prayers? Shouldn't I get my life together first?

These are all good questions, though I hope

our church feels relaxed and friendly to a newcomer. We're all works in progress, right? Going to church helps us get our lives together, not the other way around.

People who don't go to church often assume that regular members are quick to judge others, "holier than thou." Sometimes we are, I guess, though it shouldn't be that way. We may look squeaky clean on the outside, but in our hearts we're all the same. We try to do our best to love one another, and we often fall short.

One of the first things Jesus did (and his cousin John the Baptist before him) was to challenge the people to repent. He didn't lay



Traditional singer and drummer Leroy Cesspooch presented a wonderful program for Arts-Kids and Arts-Teens in the Whiterocks Community Center.

on any guilt trips, except with those who were powerful and arrogant. To regular folks his message was simple: Open your hearts. Change your lives. Grow closer to God and your neighbors.

That's what going to church should be about. It's not easy to change comfortable habits, but it can be a blessing. When we lay down the burdens we carry, when we release the fear and self-doubt that

paralyze us, we can live more freely.

As we're getting ready for church let's ask ourselves, How can I open my heart? How can I change my life for the better? What separates me from God and my neighbors? Then hearing the Word of God and sharing the Body of Christ can do their work in our hearts, helping us find the freedom to live and love.

Michael

## Bishop's Committee

I'm grateful to everyone who serves on the Bishop's committee, the elected board that oversees our finances and property, sets church policies and gives me feedback when questions arise. The group meets once a month after church and the meetings are open to our members.

Special thanks to Forrest Cuch for agreeing to serve as Bishop's Warden (or board President) for the coming year. Forrest is committed to the church and brings a unique combination of spiritual grounding and leadership experience. Thanks also to

our new Bishop's Committee members, Becca Gardner and Pepper Alanis, both of whom are faithful church members and active in their ministries.

If you have any questions about the church or ideas to suggest, feel free to talk with Forrest or any of the Bishop's Committee members including Greg Quinn, Kathleen Chegup, and Raycita Quinn. We're blessed to have this fine group of leaders overseeing the business of the church.

Michael



New Bishop's Warden Forrest Cuch (right) is shown with our beloved elder Jane Thompsen.

## Arts-Kids & Arts-Teens

The young people have been having a lively Winter Series, which will conclude on March 14. We're especially thankful to our team of Facilitators, who are faithful companions, guides and role models. SueAnn Cottonuts is our Coordinator, joined by Ginny Chimburas, Angelica Quinn, Becca Gardner, and volunteers. And Wednesday evenings wouldn't be the same without our ace cook, Paul Adams!

Many thanks to our gifted local artists this winter: Leroy Cesspooch, Jenny and Mariah Cuch, Wilfred Conetah, Ronee K. Pawwinnee, and Charles Denny. We're so thankful for your generosity in sharing your gifts and helping the young people find their ways forward in their lives.

This year we'll be celebrating the 10th Anniversary of Arts-Kids and Arts-Teens at St. Elizabeth's. Huge thanks go out to Rev. Sue Duffield, Pat Sanger and everyone else who helped to build up this program. It's taken a lot of love and care to keep it going all these years, and the whole community has been blessed by your faithfulness!

Michael



Paul Adams barbequing in the snow!

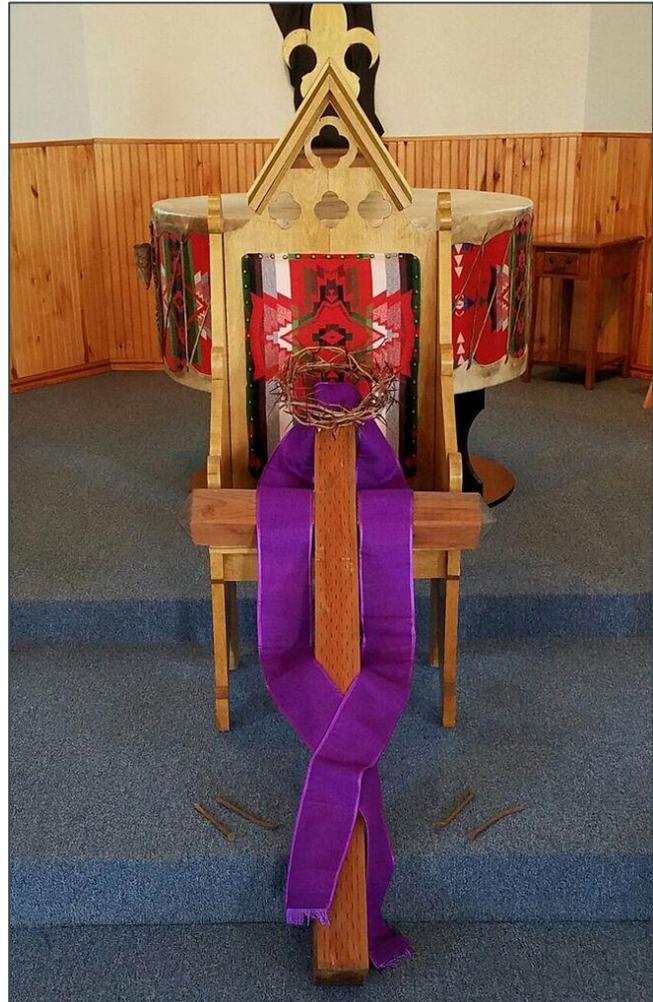


Left: Boys having fun at their art table.  
Right: Artist Mariah Cuch helps one of the young people with a project.

## Holy Week and Easter

The week between Palm Sunday and Easter (March 25 to April 1 this year) is our most powerful time of worship. Every year we follow the footsteps of Jesus from his triumphal entry into Jerusalem (Palm Sunday) to his Last Supper with his disciples (Maundy Thursday) and on to the Cross (Good Friday). After a day of darkness and waiting as his body lies in the tomb, Easter dawns gloriously. We ring bells and shout “Alleluia” and celebrate the greatest feast of the church year, with a potluck and Easter Egg Hunt afterward.

But like the journeys of our lives, we need to take Holy Week one day at a time. Every service is unique and wonderful—try not to miss them! Every year I hear people say how much it meant to be present at each step of the way. Watch for service times in the Sunday bulletins or at the St. Elizabeth’s Episcopal Church Facebook page. If you “like” the page you’ll receive our announcements in your news feed.



On Good Friday we come closer to the Cross.

We always have **special flowers on Easter Sunday**, and we’d appreciate any donations you’d like to make to help with the cost. You can put your check in the offering plate or send it to St. Elizabeth’s, P.O. Box 100, Whiterocks, Ut 84085. Please let us know if the donation is “In Memory of” or “In Thanksgiving for,” and we’ll print your dedication in the Easter bulletin.

**Michael**

Lovie found lots of eggs last year!

## March Birthdays & Anniversaries

Amic Ridley (2) | Madeleine Martinez (3)  
Lena Duncan (5) | Meridythe Simmons (8) | Sal Wopsock (10)  
Jenny McCurdy (12) | James Quinn (16) | T'silii Checora (20)  
Rilleto Sireech (22) | Tre Simmons (27) | Letreon Stone (27)  
Anniversary of Julian and Lilah Shavanaux (29)



### St. Elizabeth's Mission Statement

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Noochu (the people) of St. Elizabeth's  
welcome you to worship, share hospitality  
and grow in God's love to better serve  
the church and community.

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